

Unrotated format for digital viewing only.

Printable format and backside instructions below

Back cover

All systems of oppression are interlocking. Racism, sexism, homophobia, transphobia, classism, and xenophobia work together to discriminate and segregate all people differently but universally.

**None of us are free,
until we all are free.**

Front cover

ANTIRACISM

**explained in just
3 minutes**

ZINE by
Kevin McNamara

Page 1

Race is not real

Racialization is the social process of attributing significance to physical features like skin colour. Race is an imaginary grouping, not a biological fact.

Racism

Racism is an ideology that claims some physicalities are inferior and some are superior. Racism constructs racial hierarchies to deflect and explain social inequalities.

Page 2

Deracing Whiteness

As race and racism were invented by Western Europeans, their whiteness served as the default and whiteness is therefore deracialized. White people impose racialization on non-white people to deracialize and elevate whiteness. By normalizing traits of European whiteness and “othering” everything else, racism becomes institutionalized.

White Superiority

When white European explorers first settled in the Americas, they brought their ideologies, languages, and power hierarchies. Despite the existence of multitudes of Indigenous Nations across the continent, the contrasts between Indigenous and European ways of life led Europeans to decide Indigenous Sovereignty was not equivalent to their own.

Settler colonialism

Settler colonialism is a structure which positions white European understandings of relationships with nature and society as superior to any Indigenous alternatives.

Settler colonialism functions historically and currently to establish white sovereignty by erasing Indigenous Nations' intrinsic connections to the land.

Language is power

Words are linked with existing systems of power. The power of words extends beyond the obvious derogatory slurs. White supremacy and settler colonialism exist to perpetuate discrimination under the radar. The most common forms of this are with language that frames Eurocentric patriarchal whiteness as “normal” and any other expression as “different” or “other”.

Antiracism

Racism is embedded in every institution of our society, from education to law to healthcare, and it won't go away unless we work to combat it in every corner it exists. Simply “not being racist” still passively upholds and normalizes institutional racism. Antiracism is the practice of actively fighting against racism in every aspect of society.

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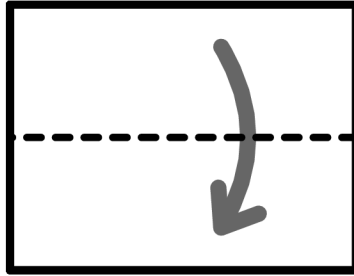
Kevin McNamara

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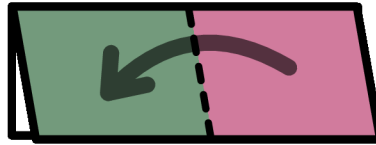
None of us are free,

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1) fold in half



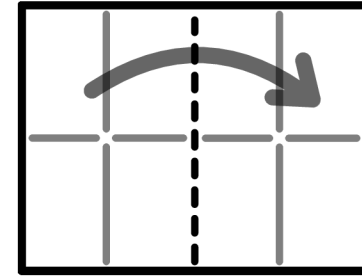
2) fold in half again



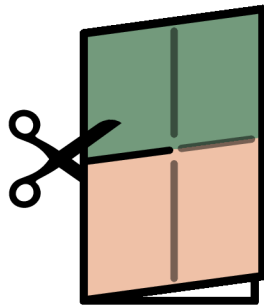
3) and again



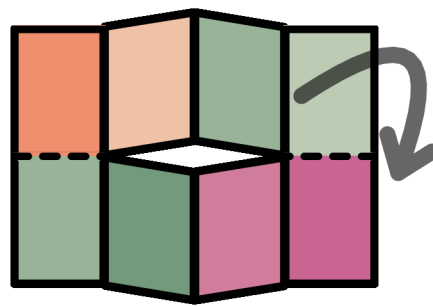
4) unfold all and fold in half other way



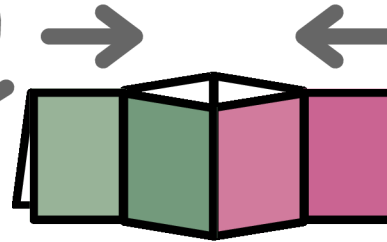
cut here cut here cut here cut here



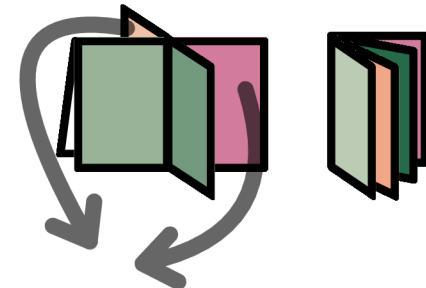
5) cut halfway down the middle



6) fold back down



7) push sides in



8) fold sides in and flatten